IMPROVE YOUR ORGANISATION'S EQUALITY AND DIVERSITY PRACTICE





₩EDNESDAY 05 FEBRUARY 2020, 1 DAY (9:00AM - 3:00PM)

YEAR TYRO TRAINING, AUCTION MART, SKIPTON, BD23 1UX

£ FREE

This one day training will introduce you to the concept of Unconscious Bias.

Unconscious biases are inborn and learned stereotypes that are automatic, unintentional, deeply engrained. We all have them, and they can influence our behaviour and decision making.

You will explore

- What is emotional intelligence?
- How we are perceived by others and how this can differ from how we see ourselves
- How unconscious bias means we instinctively feel more positive towards some people and are more guarded in our dealings with some
 - How unconscious bias can influence behaviour towards others and decision making in both the workplace and our personal lives
 - The need to recognise and accept these biases
 - Techniques to manage situations to address the potential impact
- Techniques to achieve objective and transparent decision making to ensure and evidence Equality and Diversity compliance

