

# MENTAL HEALTH FIRST AID COURSES

North Yorkshire Community Learning Partnership in collaboration with Craven College are offering Mental Health First Aid England qualification for a subsidised rate of £25 per person.

This is a two-day course designed to provide people with the confidence and knowledge to support others with changes in their mental health and to do this until the person can be signposted to professional health. Mental Health First Aid England provides a rich two-day training course that is research and evidence based.

There will be some writing of your own notes and some speaking as this is a course requiring participation. Attendance is mandatory on both days and you will need to bring lunch and snacks.

Course	Start Date	End Date	Time	Location	Tutor
Mental Health First Aid	Thu 03 Oct 2019	Fri 04 Oct 2019	09:00 - 17:00	Scarborough	S Illingworth
Mental Health First Aid	Mon 25 Nov 2019	Tue 26 Nov 2019	09:00 - 17:00	Craven	D Hooker
Mental Health First Aid	Mon 13 Jan 2020	Tue 14 Jan 2020	09:00 - 17:00	Hambleton & Richmond	D Hooker
Mental Health First Aid	Thu 19 Mar 2020	Fri 20 Mar 2020	09:00 - 17:00	Harrogate	D Hooker

For more information and to enrol please contact us on 01756 693 309 or email [parttime@craven-college.ac.uk](mailto:parttime@craven-college.ac.uk) – places are limited so contact us to avoid disappointment.